



# Türkiye

## CULTURE, CUSTOMS & TRADITIONS

*"Welcome everyone! Today, we will take you on a cultural journey through Türkiye. We will share the unique traditions, rich customs, and the beautiful heritage that makes our country so special."*

# Misafirperverlik

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## The Art of Hospitality

In Turkish culture, guests are considered "Guests of God." True hospitality is our core value.

Wherever you go, you will be offered a warm glass of traditional black tea in a beautiful, tulip-shaped glass. It is a symbol of friendship, warmth, and welcoming.



# Türk Kahvesi

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## **Coffee & Fortune Telling**

Turkish coffee is famous for its unique brewing method and strong taste. It is always served with water and a piece of Turkish Delight (Lokum). After drinking, it is a fun and historical tradition to turn the cup upside down to read the coffee grounds and predict the future!

# Culinary Culture

Meals in Türkiye are meant to be shared. Breakfast is a feast featuring cheeses, olives, fresh tomatoes, jams, honey, and fresh crusty bread. Bread is sacred in our culture. It is never thrown away, and sharing a meal builds strong bonds between friends and family.



# The Hammam

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## The Turkish Bath Ritual

The Hammam is an essential part of Ottoman and Turkish history. It is not just about physical cleansing, but also a place for socializing. Characterized by stunning marble architecture, visitors relax on hot marble stones while wrapped in a traditional woven towel called a "Peştemal".



# Arts, Crafts & Heritage

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## Ebru Art

The delicate art of paper marbling, creating mesmerizing patterns on water.



## The Sema

The mystical and spiritual ceremony of the Whirling Dervishes representing a cosmic journey.



## Kilims & Carpets

Handwoven rugs where every color and geometric pattern tells an ancient story.

# Kına Gecesi

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## The Henna Night

A few days before a wedding, women gather for the "Henna Night" to celebrate the bride.

The bride wears a traditional, heavily embroidered dress and a beautifully decorated red veil. Henna is applied to her hands while sad and joyful traditional folk songs are sung together.



# Nazar Boncuğu

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## Protection from the Evil Eye

The "Nazar Boncuğu" is a blue glass bead shaped like an eye. It is the most common cultural symbol in Türkiye.

We believe it protects us from bad luck, jealousy, and negative energy. You will see it everywhere: in homes, cars, offices, and even pinned to the clothing of newborn babies!

# Teşekkürler!

Thank you for exploring our beautiful culture with us.